

Design your personal agenda for the day

Help yourself to refreshments and lunch Enter our fundraising ideas competition





UNDERSTAND STAGE



All speakers and attendees







JOULE ROOM GARRATT SUITE 1 09:15 - 09:45 **WELCOME & COFFEE** THE BPA: CELEBRATING 20 YEARS **KIDS CHALLENGE (5-10 YEARS)** 11+ INTRODUCTORY SESSION 10:00 - 11:15INTRODUCTION, Sue Burrell Liz Gill, Susie Fearn and STEM ambassadors Jane Mooney (LEGO Serious Play®) and **AGM & KEYNOTE** STEM ambassadors AGM John Chamberlayne ژئ^ئاً ژئ^ئاً **PORPHYRIA: HISTORY & THE FUTURE** Dr Mike Badminton **ACUTE PORPHYRIA: INTERACTIVE EPP INSIGHT: GET ACTIVE ACUTE INSIGHT: FERTILITY & ENGAGING IN RESEARCH** 11:20 - 12:00**SESSION 2** SESSION Antony Fearn **PREGNANCY** Dr Mark Farrar Dr Penny Stein Sue Burrell **EPP INSIGHT: LIGHT THERAPY** PATHOPHYSIOLOGY: ACUTE **VP INSIGHT: A PATIENT STORY PORPHYRIAS** Richard Byford TBC Dr Peter Galloway 12:00 - 12:45 **PAIN WORKSHOP (all ages)** 13:00 - 13:45**EPP: INTERACTIVE SESSION PSYCHOLOGY & MENTAL HEALTH** WHAT DO PATIENTS WANT FROM THE **MINDFULNESS** Dr Rukshana Ali PORPHYRIA SERVICE? **TASTER SESSION 3** Liz Gill and Susie Fearn Dr Mike Badminton Prof Felicity Stewart and Dr Penny Stein Sarah Hodgson **SCENESSE: WHERE ARE WE? GET SUPPORT** Sue Burrell and Michelle Clapham Clinuvel (UK) Ltd LIVING WITH CHRONIC PAIN 14:00 - 15:00UNDERSTANDING LIGHT WORKSHOP A FOCUS ON SKIN KIDS YOGA (5-10 years) **SESSION 4 Prof Felicity Stewart** Sarah Hodgson Dr Deepak Ravindran (all ages) Antony Fearn and Dr Mark Farrar **PHOTOPROTECTION PCT INSIGHT: A PATIENT VIEW** MARTIAL ARTS TASTER SESSION Dr Liezel Griffin TBC **NEUROLOGICAL MECHANISMS OF PAIN** 15:00 - 15:45 VISIT THE MUSEUM **SESSION 5 Prof Anthony Jones** REFRESHMENTS **KEY INTERNATIONAL DEVELOPMENTS EPP INSIGHT: SCHOOL & EPP ACUTE INSIGHT: THE DENIAL CYCLE DEMONSTRATION OF SMART MINDFULNESS** 15:45 - 16:30 **SESSION 6 Prof Felicity Stewart** Antony Fearn Michelle Clapham **NEUROTHERAPY TASTER Prof Anthony Jones** Sarah Hodgson **DEVELOPING NEW MEDICINES & THE EPP INSIGHT: MENTAL WELL-BEING & ACUTE INSIGHT: A FAMILY STORY** NHS **GROWING UP WITH EPP** Liz Gill Dr Stephen Lombardelli Sophia Speakman **FINAL THOUGHTS**

16:45 - 17:00 PLENARY SESSION

17:00 - 19:00**GET SOCIAL**

EVENING DRINKS AND A LIVE PERFORMANCE FROM JOEL GARDNER @_joelgardner